

Alpha Kappa Alpha Sorority, Incorporated®  
Theta Lambda Omega Chapter  
Pontiac, Michigan



# Strike a Pose

**Join us for Holy Yoga with  
Karema DeJesus**

**WEDNESDAY, MARCH 29, 2023**

**6:30-7:30 PM NO COST**

*Holy Yoga is a type of Christian yoga that  
incorporates aspects of traditional yoga practice,  
but with a Christ-centered focus.*

**OPEN TO THE PUBLIC  
& ALL YOGA LEVELS**

*Mrs. Carol D. Ellis, President*

*Mrs. Jenine M. Bland, Program Chairman*

**MY DANCE STUDIO INC.**

**3184 SUMMERS RD., KEEGO HARBOR MI, 48320**

**SPACE IS LIMITED  
RSVP BELOW:**

**[HTTPS://FORMS.GLE/JHJ1JYFEDDEPYUGM8](https://forms.gle/JHJ1JYFEDDEPYUGM8)**

*or Contact Jenna Williams at 248.470.9123*